

## 28th March 2025

### **Sporting Achievements at Longfields**

We are thrilled to celebrate the recent sporting achievements of our children at Longfields! Our talented pupils have shown incredible dedication and teamwork, participating in various events and competitions. Notably, our cross-country teams showcased their skills at the recent Oxford-shire inter-school tournament, securing second place with their outstanding performance. Additionally, our football teams made us proud this week by exhibiting their skills and enthusiasm. A huge congratulations to all our young athletes for their hard work and sportsmanship.

We are so proud of you!

### Keeping Children Safe Online: A Guide for Parents

In today's digital world, ensuring the online safety of our children is more important than ever. Here at school, we are committed to working together with parents to keep our pupils safe online. Here are some practical steps parents can take:

- **Communicate Openly**: Encourage your child to talk about their online activities. Ask them about the apps and websites they use and discuss any concerns they might have.
- **Set Clear Rules**: Establish rules around internet use, including when and where devices can be used. Consider creating a family agreement to outline these guidelines.
- **Educate on Privacy**: Teach your child about the importance of keeping personal information private and the risks of sharing too much online.
- **Use Parental Controls**: Make use of parental controls available on devices and apps to manage and monitor your child's online activity.
- Stay Informed: Keep up with the latest apps and websites your child might be using. Resources like the NSPCC's online safety hub and Internet Matters can offer valuable advice
- **Report Concerns**: If you ever have concerns about your child's online safety, please contact the school. We are here to support and guide you.

For more resources and to stay informed about online safety, check out the Thinkuknow parents page by the National Crime Agency.

### Parents and carers | CEOP Education

Together, we can create a safer online environment for our children. Thank you for your continued support and partnership.

### **Happy Mother's Day**

As Mother's Day approaches, we at Longfields would like to take a moment to celebrate and honour all the incredible mothers, grandmothers, aunts, big sisters and other "mother" figures in our community. Your support, and dedication to your children's education and well-being makes a difference. You play an essential role in shaping their future, and we are grateful for the partnership we share in nurturing and educating the young minds at our school.

Have a lovely weekend and fingers crossed for some spring like weather.







### Dates for your diary:

03.04.2025—Year 2 to Hatton Country World

04.04.2025—Last day of school before Easter holidays

21.04.2025—Easter Monday (Bank Holiday)

22.04.2025—First day back at school after Easter Holidays

28.04.2025—Year 4 Trip to Hill End

05.05.2025—Early May Bank Holiday (no school)

12.05.2025—SATS week for Year 6

12.05.2025—Year 4 to Everdon

20.05.2025—Year 5 Trip to Ashmolean Museum

23.05.2025—Last day of school before half term

Please see School Life Calendar/school website for full dates

# Cross Country Finals

Our Under 9s Cross Country team qualified for the Oxfordshire School games finals from their efforts at previous events. The girls attended the finals on Wednesday and should all be amazingly proud of themselves, every one of them gave 100% during the race, completing the 1.5km course. Not only did they try their hardest, but their efforts lead to them being placed second out of the 9 teams in the race. We are so proud of how well they competed and represented themselves and the school. Well done Rainha, Phoebe, Zeli, Talitha, Evie, Esme, Ruby and Zuzanna.











### **Cabin Club Spaces Available!!**

We now have spaces available at Breakfast Club and a few limited After School spaces. We offer a 5pm or 6pm pick up. Snacks and a light tea are provided. Cabin Club is managed by main school staff with organised activities and the use of the secure school outdoor area. Available from Reception year to Year 6.

For more information, please email Louise Pieton at <a href="Cabinclub@longfields-primary.org">Cabinclub@longfields-primary.org</a>



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# **Notice Board**







### JOIN OUR SUPPORTIVE COMMUNITY!

"Walking with You" is a welcoming, parent-led group for anyone caring for children and young people (up to age 25) facing mental health challenges.

Find a safe space to connect, ask questions, and share experiences at your comfort level. Learn from insightful discussions on topics that matter to you.

Sessions are led by Parent Peer Support Workers and held online via Microsoft Teams, with occasional coffee mornings. Drop in and out as needed.

Look forward to special guest events with professionals from CAMHS leading some of our sessions.

### **UPCOMING EVENTS**

MAY **GET OUTSIDE & SUMMER ACTIVITIES** 

02

**COFFEE MORNING SOUTH OXON** JUN

06 SLEEP

JUL 04 12PM -1PM ONLINE

AUG WELLBEING WALK

LOCATION AND TIME SHARED ON BOOKING

#### TO REGISTER FOLLOW THE LINK OR OR:



IN.OXFORDHEALTH.NHS.UK/CAMHS/INVOL





# ONLINE COFFEE MORNINGS

#### JOIN OUR SUPPORTIVE COMMUNITY!

Parent/Carer Peer Support Forum

Weekly Coffee Morning Drop-In Wednesday | 11am - 12:30pm Online

Limited to 10 spaces per session To book follow the link or QR code

HTTPS://WWW.OXFORDHEALTH.NHS.UK/CAMHS/INVOLVEMENT/OXON/WWY/

other parents and carers, share experiences, and get guidance from our Peer Support Workers. Whether you're navigating CAMHS or looking for ways to support your young person's mental health, we're here to help. Choose a Wednesday that works for you and

drop in! \*
Reserve your spot today! \*



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